



# Trauma Education & Consultation Services, Inc. Presents

## Inside-Out Recovery: Let the Healing Begin!

### Phase 1 Workshop for Strategic Trauma and Abuse Recovery©

**When:** June 25-26, 2015

**Time:** 9:00 AM to 5:00 PM Daily

**Cost:** \$ 75 Early Bird (June 15)/\$100 Regular (June 16-25)

**Where:** Trauma Education & Consultation Services  
1944 Brannan Rd., McDonough, GA 30253

**Description:** This workshop is a follow-up to STAR Basic training but can also be a starting point for counselors interested in learning this Christian-Integrated technique. Unlike the Phase 2 workshop which is spiritually integrated, this workshop will be specifically Biblically integrated using psychology and theology, combining scripture and research. Participants will learn the content of the Phase 1-Safety and Stabilization class, "Inside-Out Recovery: Let the Healing Begin!", along with techniques for teaching in individual sessions, using handouts, and presentation in group/class settings using the workbook. "Inside-Out Recovery: Let the Healing Begin" is a psychoeducational class that can be used in treatment centers, churches, outpatient centers, etc. It can be led by professional counselors or by trained lay-counselors. It can be offered for free, or you can charge a fee. Currently, 13 lessons are available, but can be arranged to fit your needs. You can combine lessons to reduce the number of weeks, or divide lessons to increase the number of weeks. Additional lessons will be added in the future and trainees will, as is common with Trauma Education & Consultation Services, have access to the back-office to access updated and newly added lessons. Right now, this is a free service, though in the future there may be a fee. This class is **NOT** the same as the "Strategic Trauma and Abuse Recovery: A Source-Focused Model for Healing" and will **NOT** cover the Phase 2-Reprocessing and Grieving process for group and individual use. However, much of the theory and process will be covered in a way that is designed to present to patients. In other words, I will be teaching the workshop participants the same information and in the same style as you will be teaching your clients.

Day One will cover the structure of class, and lessons 1-6. Day Two will allow participants to practice their presentation skills and cover lessons 7-13. This is the first time this class will be offered to the public and special pricing is available.

**Goals and Objectives:** *Through slide presentation, lecture, & discussion and role-play, participants should be able to:*

1. Participants will learn to help clients understand the connections between previous trauma and current behavioral health issues.
2. Participants will learn to communicate the information regarding trauma to clients in a motivationally enhanced manner.
3. Participants will leave with a plan for how to implement this psychoeducational class/group in their current practice.

**CEUs:** Core CEUs for addiction counselors and professional counselors are pending. Social workers and Marriage and Family therapists will be offered related hours.

**Registration and Payment Information: \$75 includes CEUs. (Lunch on your own.)** \*There are no refunds for missed workshops or cancellations. However, you will be offered opportunities to attend other workshops within the same 12 month period.\*

Please register in advance by:

1. Telephone at 678-289-6981, or

Name: \_\_\_\_\_ Lic type and #: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

MC/Visa/DISC Number: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Amt to bill: \_\_\_\_\_

Exp. Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ CVV: \_\_\_\_\_ Address: \_\_\_\_\_

State/Zip: \_\_\_\_\_/\_\_\_\_ Signature: \_\_\_\_\_

Mail to TECS at 1944  
Brannan Rd.,  
McDonough, GA  
30253 or fax to 678-  
289-6983 or online at  
[www.TraumaEducation.com/training.html](http://www.TraumaEducation.com/training.html)